

KADHA

INSTANT AYURVEDIC KADHA

BOOST IMMUNITY NATURALLY



Description:

Khada is formulated with herbal extracts that exhibit immunity-boosting properties, help you stay healthy and reduce your risk of contracting viral, bacterial & fungal infections. These herbs are potent adaptogen, help you increase your body's resistance power, give you strength, promote wellbeing and longevity and assist in dealing with the stresses.

Ingredients:

Tulsi (ocimum sanctum): Tulsi is said to prevent disease, promote general health, wellbeing and longevity and assist in dealing with the stresses. tulsi is helps in treatment for a range of



conditions including anxiety, cough, asthma, diarrhea, fever, dysentery, various infectious diseases .

Saunth (Zingiber officinale): It helps in treatment of diseases and conditions, such as inflammatory and respiratory ailments. It possesses antimicrobial activities and effectiveness in controlling certain viral, bacterial and fungal diseases. It also has good effect on reducing symptoms of pain.

Munnakka (Vitis vinifera): Rich in flavan-3-ol, including proanthocyanidins and catechins. It helps maintain or support the immune response, specifically the T cell & possesses anti-inflammatory, antibacterial, Cough Suppressant and Soothing properties. It is effective in dry Cough and Respiratory tract Inflammation.

Dalchini (Cinnamomum verum): Cinnamon helps in cold, flu, influenza, sore throat. It has anti fungal, antibacterial, antiviral and antiseptic properties, aids in digestion & helps in strengthening the immune system.

Kali mirch (**Piper nigrum**): It helps in respiratory diseases, cold and cough. It has Antimicrobial, Anti-pyretic, Anti-analgesics, Anti-depressant, Anti-inflammatory, Anti-platelet, Antifungal, Anti-diarrheal, Immunomodulatory properties. It acts as bioavailability enhancer of various nutrients.

Lemon (*Citrus Limon*): Lemon is very high in vitamin C, the most important vitamins to help the immune system and it also acts as another powerful anti-oxidant. It has very strong antibacterial and antiviral properties.

Cardamom (Elettaria cardamomum): Cardamom is effective against digestive problem, bronchitis, Cough. It has antioxidant, anti-bacterial, Anti-inflammatory, Analgesic & Antispasmodic Activity.

KADHA POWDER

Each sachet (5g) contains:

Tulsi (Ocimum sanctum) Powder 1000 mg

Saunth (Zingiber officinale) Powder 1000 mg



Munnakka (Vitis vinifera) Powder	1000 mg
Dalchini (Cinnamomum verum) Powder	750 mg
Kali mirch (Piper nigrum)Powder	500 mg
Lemon (Citrus Limon) Powder	500 mg
Cardamom (Elettaria cardamomum) Powder	250 mg

Ref.: Bhava Prakasha Nighantu

KADHA LIQUID

Composition:

Each 10 ml contains extract derived from-

Tulsi (Ocimum sanctum) extract	1000 mg
Saunth (Zingiber officinale) extract	1000 mg
Munnakka (Vitis vinifera) extract	1000 mg
Dalchini (Cinnamomum verum) extract	750 mg
Kali mirch (Piper nigrum) extract	500 mg
Lemon (Citrus Limon) extract	500 mg
Cardamom (Elettaria cardamomum) extract	250 mg
Reference- Rhay Praksha Nighantu	

Reference- Bhav Praksha Nighantu

KADHA TABLET

Each tablet contains extract derived from

Tulsi (Ocimum sanctum) extract 1000 mg



Saunth (Zingiber officinale) extract	1000 mg
Munnakka (Vitis vinifera) extract	1000 mg
Dalchini (Cinnamomum verum) extract	750 mg
Kali mirch (Piper nigrum) extract	500 mg
Lemon (Citrus Limon) extract	500 mg
Cardamom (Elettaria cardamomum) extract	250 mg

Benefits:

- Boosts Immunity.
- Anti pyretic, Antiviral & Antioxidant...
- Helps prevent dry Cough /sore throat.
- Helps prevent throat irritation.

Reference- Bhav Praksha Nighantu

- Helps prevents Headaches & Body aches (Linked with fever).
- Detoxifying.
- Stimulates digestion.

Dosage-

POWDER: 5 gm twice a day or as directed by Health Care Professional.

Liquid- 5 ml twice a day or as directed by the Physician.

Tablet: 1 tablet twice a day or as directed by the Physician.

To be taken under medical supervision.



Keep the medicine out of reach of children

Store in a cool, dry and dark place below 25 * C.

Other Information- Non GMO, Soy free, Vegan, dairy free, Gluten free











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